



ILEA NEWS

A NOTE FROM DIRECTOR CARNEY

Welcome to October! Basic Academy Classes 329 and 330 include 81 recruits who are in week 5 of 16, and class leadership will be implemented soon. They continued to work hard, and are accustomed to training in wet, soggy conditions.

The January through April Basic Academy cycle typically has our highest recruit attendance, so please submit your reports of hire as soon as possible to help us plan accordingly and accurately communicate with inquiring hiring authorities.

Be well, be safe and take care of each other!

THRIVE RESILIENCE TRAINING - DECEMBER 1 & 2, CEDAR RAPIDS, THE FACHES CENTER - LINN ROOM

This free training is for Law Enforcement, Corrections, Firefighters, EMS, Dispatch and family members.

What You'll Learn:

This two-day interactive training equips participants with practical tools to:

- Manage stress and trauma
- Strengthen coping skills and emotional wellbeing
- Build trust and supportive relationships
- Develop a resilience mindset to reframe challenges
- Foster hope, wellness, peer support, and leadership growth

Training Details:

Dates: Tues., Dec 1, 2026 & Wed., Dec 2, 2026

Time: 9:00 AM – 4:00 PM

Location: The Faches Center – Linn Room, 951 29th Ave SW, Cedar Rapids, IA 52404

Lunch Provided. Training is sponsored by the COPS grant through the IA Public Safety THRIVE Program and is offered at no cost to you.

Register Here:

THRIVE 101 – Resilience Fundamentals: [Register](#)

THRIVE 201 – Elevating Leadership & Peer Support Skills: [Register](#)

Note: You may attend THRIVE 101 only. THRIVE 101 is a prerequisite for THRIVE 201.



Basic Academy Snapshots

Please review and update organizational rosters through your Acadis portal homepage. Updated and accurate organizational rosters greatly assist with training enrollment and essential ongoing communications.

Once you sign-in to **acadis** you will land on your portal home page. From the upper left corner of this screen, click this box to expand navigation.

Click Workforce, then personnel, to view the roster for your agency.

- Home
- My Work
- Training and Events
- Workforce**
 - Personnel
 - Certification Compliance
 - Personnel Training Hours
 - Print Training Report
- Organization
- Planning
- Academy Resources*

Dates to Remember

UPCOMING ACADEMY COUNCIL MEETING

Thursday, December 3, 2026 at 9:00 AM

Join Zoom Meeting:

[Dec 2026 Academy Council Meeting](#)

Meeting ID: **863 4736 9436**

Passcode: **december26**

Deadline for Reports for Hire for the Winter 2027 ILEA Basic Academy cycle is **November 30, 2026**. Physical Testing will be **Monday, December 7th at 9:00 A.M.** It will be held at:

LIED Recreation Athletics Center
Iowa State University
518 Beach Road
Ames, Iowa

ADDITIONAL TRAINING OPPORTUNITIES

Midwest Counterdrug Training Center (MCTC) has posted their Fall Training Schedule. MCTC is located on Camp Dodge, and all of their training is **tuition-free**. They can assist with reduced-cost lodging depending on availability.

[MCTC Training Schedule](#)

Collaborative Interventions in Sexual Assault Response

TRAINING • PARTNERSHIP • SAFER COMMUNITIES



Date: October 28, 2026
Time: 8:30 A.M. - 5:00 PM
Location: Iowa Law Enforcement Academy
7105 NW 70th
Burma Rd, Bldg A41
Johnston, Iowa

*See attached flyer for details or contact
jennifer.swim@iowa.gov*

Reminder →

Expansion of ILEA Credit Usage

The Iowa Law Enforcement Academy (ILEA) is pleased to announce a significant update regarding our training credit policy. To better support agencies across the state, ILEA is expanding the use of agency credits to cover all ILEA training programs and certification fees **including Basic Academy tuition**.

Please Note: The few exceptions to this updated policy are:

- Psychological Testing
- IPI Uniforms
- Basic Academy meal plan

Because these fees involve direct costs and payments to third-party vendors, these fees remain ineligible for credit usage.

If you have any questions regarding your agency's credit balance or these policy changes, please contact ILEA Finance Manager Jack Heuton (jack.heuton2@iowa.gov or 515-331-5769).

UPCOMING COURSES & TRAINING

AT ILEA (unless noted):

Oct 19 - 23:	Precision Driving Instructor Course <i>(at Newton Speedway)</i>
Oct 22:	Chemical Spray Instructor Course and Renewal
Oct 27:	Defensive Tactics Instructor Renewal
Oct 28:	Collaborative Interventions in Sexual Assault Response
Oct 30:	Radar Instructor Renewal
Nov 4:	Precision Driving Instructor Renewal <i>(at Newton Speedway)</i>
Nov 9:	Defensive Tactics Instructor Course
Dec 2:	Expandable Baton Instructor Course and Renewal

FIREARM TRAINING DATES AND LOCATIONS:

Nov 4:	Firearms Instructor Renewal <i>(at Sioux City Law Enforcement Facility, Sergeant Bluff)</i>
Nov 5:	Patrol Rifle Instructor Renewal <i>(at Sioux City Law Enforcement Facility, Sergeant Bluff)</i>
Dec 3:	Firearms Instructor Renewal <i>(at Altoona Police Department)</i>
Dec 8:	Firearms Instructor Renewal <i>(at Davenport Police Department Range)</i>

TELECOMMUNICATOR DATES AND LOCATIONS:

Nov 16 - 20:	Telecommunicator Basic 40 Hour Course <i>(at Indian Hills Community College)</i>
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JAIL TRAINING DATES AND LOCATIONS:

Nov 16 - 20:	Jail Basic 40 hour Course & Temporary Holding Facility Basic Course <i>(at Marion County Public Health)</i>
Dec 7 - 11:	Jail Basic 40 hour Course & Temporary Holding Facility Basic Course <i>(at Dallas County Sheriff's Office)</i>

ONLINE: ILEA offers many online courses continuously, including courses for Jail and LEO in-service, De-Escalation & Use of Force, and Officer Investigations. **Note: Not all training is listed above. Go to the [Acadis Portal](#) to view and register for all training and courses, except where noted.**



Linked 

<https://ilea.iowa.gov/>

Contact Info:

Brady Carney
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515-314-0115 (cell)
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Collaborative Interventions in Sexual Assault Response

TRAINING • PARTNERSHIP • SAFER COMMUNITIES



**Wednesday,
October 28, 2026**
8:30 a.m. – 5:00 p.m.



**Iowa Law Enforcement
Academy**
Classroom 201



Training Designed For:
Law enforcement, legal, corrections,
healthcare, and allied professionals
working together to support
survivors of sexual assault.

*Stronger
collaboration.
Better outcomes.
Safer communities.*

LEARNING OBJECTIVES

- Build skills in trauma-informed interviewing and communication
- Gain knowledge of victim services and support programs
- Understand the SANE exam process and custodial environment considerations
- Review legal updates and testimony preparation strategies



*Together, we can
make a difference.*

TRAINING AGENDA

8:30 – 10:00 a.m.

Brain/Trauma-Informed Interviewing
Jen Swim
Iowa Law Enforcement Academy

10:00 – 10:15 a.m.

Break

10:15 – 11:15 a.m.

**Victim Assistance Division:
Program Overview**
Natalie Lampley
Office of the Attorney General
*Overview of programs and services provided
by the Victim Assistance Division.*

11:15 a.m. – 12:15 p.m.

SANE Examination Overview
Shannon Knudsen
SAFE Center
*Overview of the Sexual Assault Nurse Examiner
(SANE) examination process.*

12:15 – 1:30 p.m.

Lunch
On your own

1:30 – 3:00 p.m.

**Field Tactics for Communication
in Custodial Environments**
Makayla Nemmers
Iowa Department of Corrections
*Communication strategies and field tactics
for working with individuals in custodial
environments.*

3:00 – 4:30 p.m.

**Sexual Assault Legal Updates &
Testimony Preparation**
Susan Krisko
Office of the Attorney General
*Current legal updates and preparation
for testimony in sexual assault cases.*

4:30 – 5:00 p.m.

Evaluations & Wrap-Up



FOR QUESTIONS OR ADDITIONAL INFORMATION, CONTACT:



jennifer.swim@iowa.gov



Jennifer Swim

IOWA LAW
ENFORCEMENT
ACADEMY

IA Public Safety THRIVE Program

DESIGNED FOR:

Law enforcement, Corrections, Dispatch, EMS, Firefighters, Family members, and Service providers

THRIVE 101: RESILIENCE FUNDAMENTALS – Tues. Dec. 1st

Join us for an evidence based, trauma informed, mental health training experience developed to proactively enhance resilience following adversity & chronic stress. You'll gain practical tools to regulate stress & trauma response, grow through crisis and strengthen mental fitness – so you can protect what matters most.

WHAT YOU'LL LEARN

- **Improve Coping** – Build a coping skills to toolkit to manage stress and handle life's demands
- **Hone Your Resilience Mindset** – Harness the brain's power to reframe setbacks and boost motivation
- **Manage Trauma and Protect against Suicide** – Begin to heal the impacts of trauma, reduce risk, and get help when needed.
- **Build Trusted Relationships** – Employ a framework to meet core emotional needs and strengthen social support



THRIVE 201: LEADERSHIP AND PEER SUPPORT – Wed. Dec 2nd

Elevate your impact and leadership with advanced tools that strengthen connection, reduce burnout, and build sustainable capacity for success.

WHAT YOU'LL LEARN

- **Practice Wellness** – Draw on resources and develop routines that empower you before, during, and after crisis
- **Strengthen Engagement & Peer Support** – Improve communication and support others to navigate challenges.
- **Set a Positive Direction** – Foster hope and craft an inspiring vision for the future.
- **Grow Leadership** – Cultivate resilience and post-traumatic growth, equipping yourself to lead in routine and crisis

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*THRIVE gives **First Responders** powerful tools to build resilience and take care of their mental health. In a profession centered on helping others, protecting our own well-being is essential to long-term success.*

– Doug Shannon, Police Chief (Ret),
Mt. Vernon-Lisbon Police Dept.

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TRAINING DETAILS:

THRIVE 101 Date: Tuesday Dec. 1st

THRIVE 201 Date: Wednesday Dec. 2nd

Time: 9:00am – 4:00pm

Location: The Faches Center – Linn Room

951 29th Ave SW, Cedar Rapids, IA 52404

–Lunch provided

THRIVE 101 is a pre-requisite to attend THRIVE 201

Attend both 101 & 201 for maximum growth & learning.

REQUEST A SPOT

THRIVE 101
Dec 1st



THRIVE 201
Dec. 2nd



Sponsored By:



DEB UNSELD

Outreach Coordinator
Worldmaker Resilience Institute
616-437-0061
dunseld@world-maker.org

Collaboration with:

